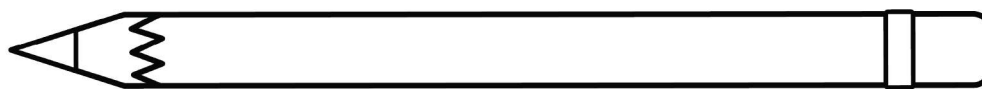


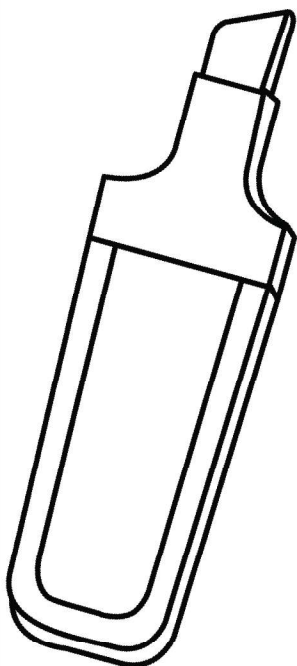
Welcome to the Junior Year Planning Guide!



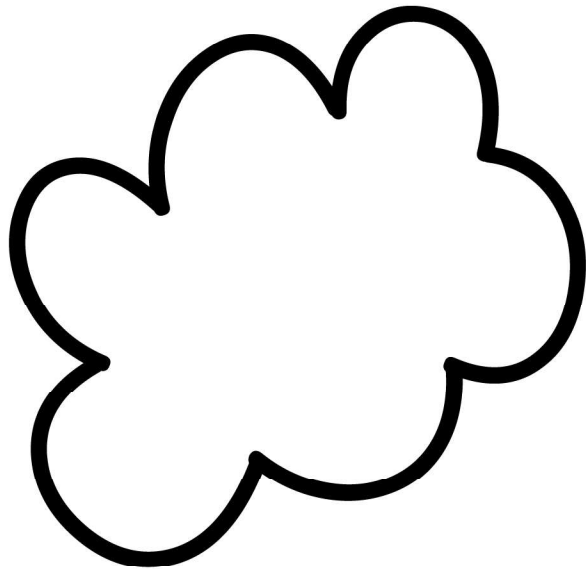
In this guide, you will find interactive resources to help you brainstorm your post-secondary plans during your junior year.

What's Included?

- Cover Page
- Goal Setting
- Career Pathways
- Questions for My School Counselor
 - Junior Year To-Do List
 - Scholarship Checklist
 - Application Brainstorm
 - Test Scores Brainstorm
 - Support Team (2 pages)
 - College Visits
 - Doodle Page
 - Self Care



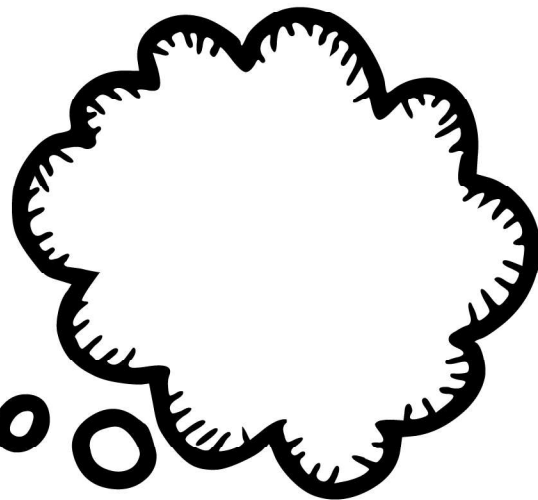
GOAL SETTING



In 10 years,
I see myself...



In 5 years,
I see myself...



I am currently taking steps towards these
goals by:



CAREER PATHWAYS

The career I can see myself in right now is...

The education required for this career is...

I think this career is a good fit for me
because...

Something I could do right now to get some
experience in this career field is...

QUESTIONS I HAVE FOR MY SCHOOL COUNSELOR

BRAIN DUMP HERE



MY JUNIOR YEAR TO-DO LIST

July



August



September



October



November



December



January



February



March



April



May



June



SCHOLARSHIP checklist

- check out the FAFSA website for documents that will be needed
- research parent(s)'s workplace(s) for scholarships for seniors
- check your high school's scholarship list or become familiar with how they publish scholarship information
- explore financial aid/scholarship webpages for the colleges/universities you are potentially interested in (look for university scholarships, major-specific scholarships, and the net price calculator)
- plan your senior year course selection with opportunities to earn college credit through AP or dual credit which will save you money in college
- familiarize yourself with your state's scholarships, and set any goals you may need to in regards to GPA or test scores before graduation to achieve different scholarship levels

APPLICATION

brainstorm

Early Decision

binding if accepted, can ultimately pick one school to apply to for early decision

Begin your list of potential colleges you might apply to & put them in the category

for the type of application you may fill out; this will help keep you organized!

Early Action

not binding, just hear an answer back sooner than regular decision, almost like a reward for getting your application in early

Priority Decision

not binding, just hear an answer back sooner than regular decision, may give you priority on things like housing

Regular Decision

deadlines usually between November through May of senior year

Rolling Admission

students are accepted all year long

TEST SCORES

brainstorm

Are any of my potential colleges test-optional? If so, which ones?

What is my best "super-score" right now for the SAT?

Do I plan to take the SAT/ACT again? If so, when?

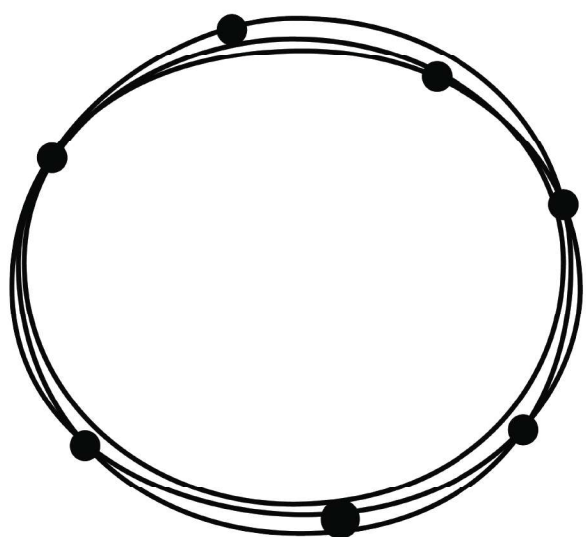
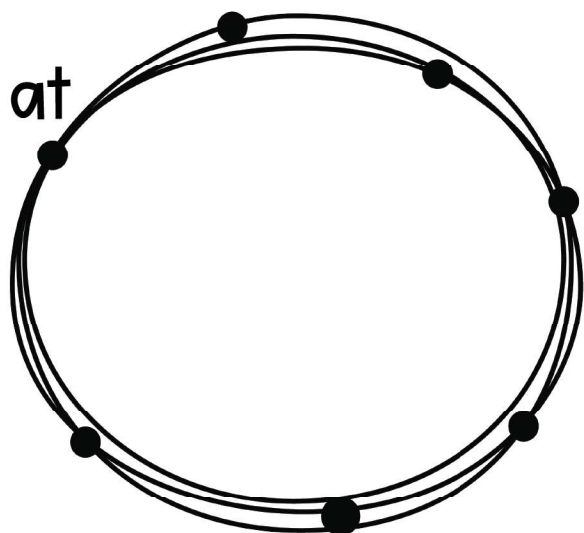
Do I have a goal for my SAT score? (Set goals by checking average or middle 50% scores on colleges' websites.)

How do I plan to prep or practice for the SAT/ACT?

If I qualify for free/reduced lunch, I can receive 2 free SAT and 2 free ACT waivers. I have used ___ fee waivers.

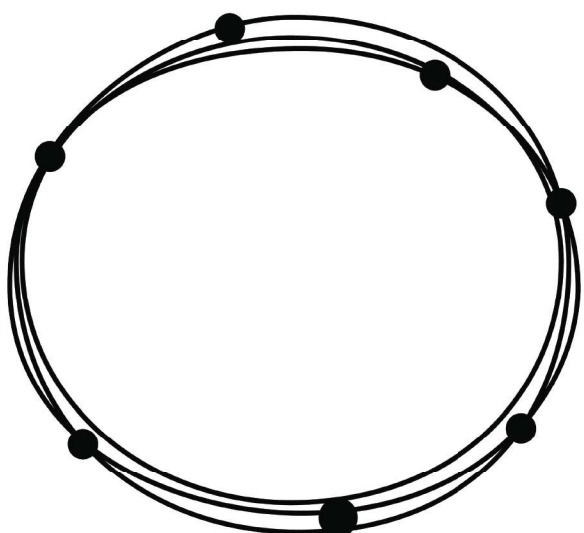
YOUR SUPPORT team

Who are your support people at
SCHOOL?



Who are your support people at
HOME?

Who are your support
people in the
COMMUNITY?

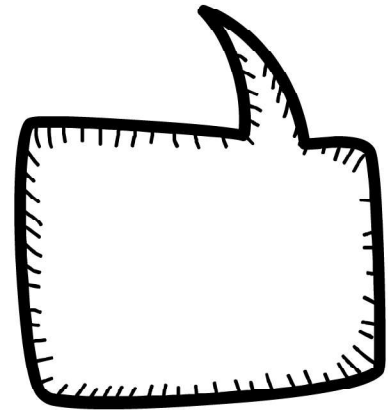
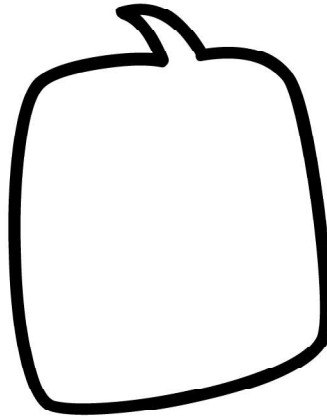
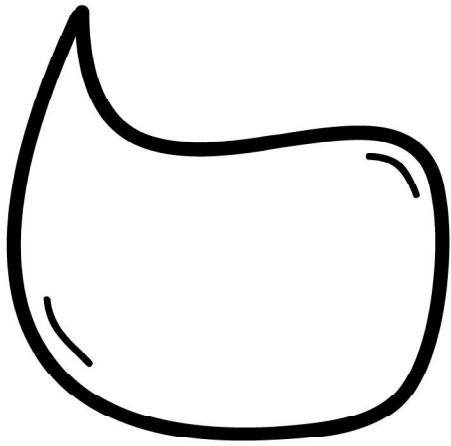


It's okay if you feel like you don't have any or a lot of these people...
the key is to identify SOME!

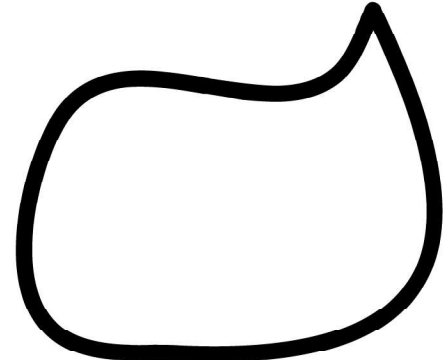
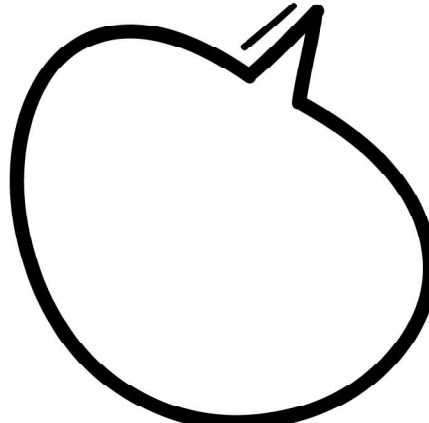
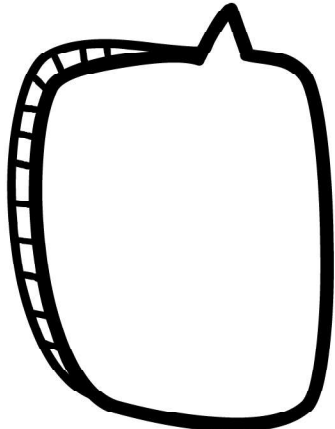
YOUR SUPPORT *team*

AND HOW THEY CHEER YOU ON!

What are helpful things that your support people can or do say to you to keep you motivated?



What are inspirational things that your support people say or do to keep you moving forward?



COLLEGE VISITS

There is benefit to visiting a college campus whether that visit is in person or virtually.

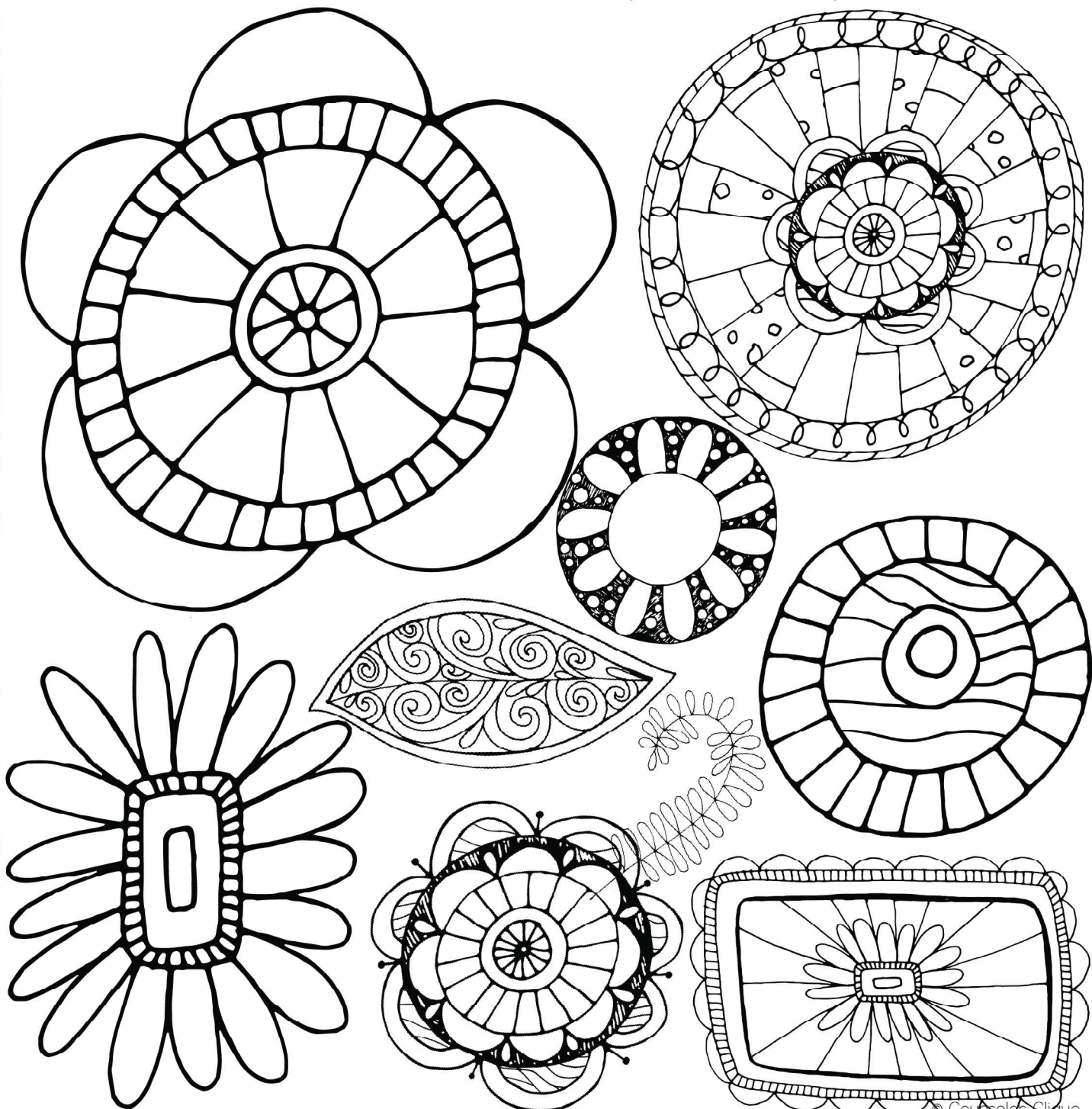
- Schedule a physical tour on campus (speak to an admissions representative, current student, or alumni).
- Use Google Expeditions™ if the college has a virtual tour listed.
- Use YouTube to look for a campus tour.
- Check out student blogs or admissions blogs (search the school's website for these).
- If an admissions counselor visits your high school's campus, schedule a time or drop in to talk to them.

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

notes:

DOODLE PAGE

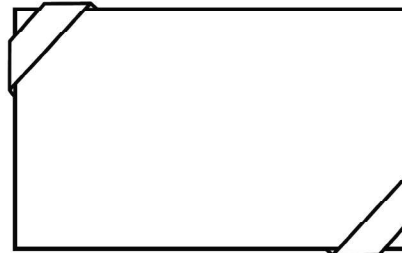
Spend some time de-stressing by coloring.
Sit somewhere comfortable, and turn on
some music that you enjoy!



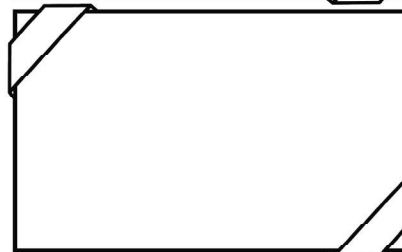
SELF CARE

Take a time out from the stress of junior year to reflect on how you are caring for yourself.

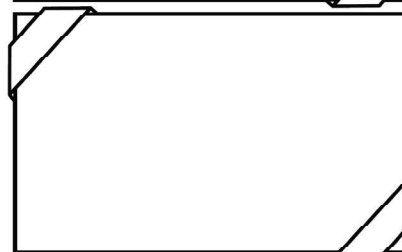
How many hours are you sleeping on average each night?



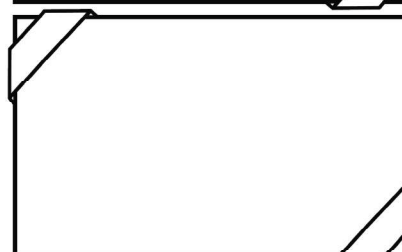
What do you do for fun outside of school?



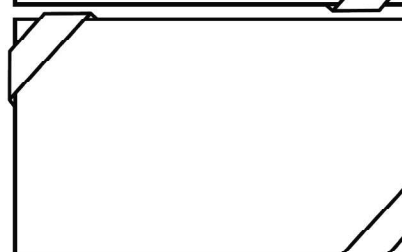
When you spend time with friends, what do you do together?



What music relaxes you? Do you have a go-to playlist that you like to put on?



How do you keep academically organized to minimize your school stress?



What is your favorite way to decompress from family stress?

